

The Downsman

**NEWS AND INFORMATION
MAGAZINE**



**PARISH OF SIXPENNY HANDLEY
WITH PENTRIDGE**

June 2005

**Including: Woodyates, Deanland and Minchington
Published by Sixpenny Handley Parish Council
Delivered by Sixpenny Handley Homewatch**

Parish Councillors**Sixpenny Handley**

| | |
|----------|----------------------------------|
| Chairman | Mrs P.K. Bailey-Wright... 552771 |
| | Mrs E. Miles..... 552768 |
| | Miss E. Waller..... 552305 |
| | Mr. A. H. Gibb..... 552704 |
| | Mr. G. Parker..... 552334 |
| | Mr T Reynolds..... 552995 |
| | Mrs V. Wyer..... 553031 |

Pentridge

| | |
|---------------|-----------------------------------|
| Vice-Chairman | Dr. Judith Gillespie Smith 552576 |
| | Mr. R. Ferguson..... 552222 |
| | Ian Davies..... 552076 |
| | Christopher Snape..... 553001 |

Clerk**Assistant Clerk**

| |
|---------------------------|
| Gill Martin..... 552297 |
| Parish Office..... 552211 |

Member Parliament**County Councillor**

| |
|---------------------------------|
| Robert Walter.....020 7219 6981 |
| Mr. T. Palmer..... 552321 |
| Fax 552405 |

District Councillor

| |
|----------------------------------|
| Mrs P.K. Bailey-Wright... 552771 |
|----------------------------------|

Rights of Way Liaison Officers

| | |
|------------------|------------------------|
| Sixpenny Handley | |
| Pentridge | Ian Davies..... 552076 |

The Downsman Team

| | |
|-------------|---------------------------|
| Editor | Alan Vincent..... 552788 |
| Production | Brian Hansford.....552468 |
| Advertising | Gill Martin..... 552297 |

Churches

| | |
|-------------------|---|
| Church of England | St. Mary's, Sixpenny Handley |
| | St. Rumbold's, Pentridge |
| | St. Andrews, Gussage St. Andrew |
| Vicarage | 552608 |
| Curate | Rev. Wendy Griffith... 01258 840557 |
| Roman Catholic | Church of Our Lady of Lourdes & St. Cecilia, Blandford Forum |
| Priest | Rev. Fr. Ciaran McGuinness, W.F. The Prestbury, Whitecliff Mill St. 01258 452051 |

1st Woodcutts Scout Group

| | |
|--------------|-------------------------|
| Scout Leader | Rob Easton..... 552038 |
| Cub Leader | Esme Isaacs..... 517203 |

Doctors

| |
|-------------------------------|
| Drs. Pelly, Nodder & Morgan |
| Dean Lane Surgery..... 552500 |

Schools

| | |
|---------------|---|
| First School | Handley First School..... 552356 |
| Middle School | Cranborne Middle School 517348 |
| Upper School | Queen Elizabeth's School Wimborne..... 01202 885233 |

Sixpenny Handley Village Hall

| | |
|-----------|------------------------------|
| Chairman | Gordon Oxford.....552591 |
| Secretary | Paul Skinner.....552785 |
| Treasurer | Ian Davies..... 552076 |
| Bookings | Julie Richardson..... 519438 |

Sixpenny Handley Allotment Holders Association

| | |
|-----------|--------------------------|
| Chairman | John Curtis..... 552397 |
| Secretary | Mrs S Curtis..... 552397 |

The Chase Nursery Link Group

| | |
|---------|----------------------|
| Contact | Mary Best.....552390 |
|---------|----------------------|

Sixpenny Handley Homewatch**Overall Co-ordinator & Police Focal Point**

| |
|-------------------------|
| John Curtis..... 552397 |
|-------------------------|

Co-ordinators

| | |
|---------------------|----------------------------|
| Area 1 - Dean Lane | Don Penrose..... 552022 |
| 2 - Lower Handley | Vacancy |
| 3 - Upper Handley | John Clarke..... 552674 |
| 4 - Deanland & N.E. | Charles Nodder..... 552292 |
| 5 - West & South | George Tozer..... 552330 |

Other Areas (These are separate Homewatch Schemes)

| | |
|---------------|---------------------------------|
| Pentridge | Roy Elford..... 552296 |
| Woodyates | Roy Warner..... 552665 |
| Police | Blandford Station. 01258 452101 |

The Chase Nursery

| | |
|----------------|------------------------|
| Nursery Leader | Mary Best.....552390 |
| Secretary | Jane Laing..... 553146 |

Sixpenny Handley W.I. (Formed in 1922)

| | |
|-----------|--------------------------|
| President | Mrs Jan Gibb.....552704 |
| Secretary | Mrs H. Eynon..... 552308 |

Sixpenny Handley Mother's Union

| | |
|-----------|---------------------------|
| Leader | Jean Mayne..... 552692 |
| Secretary | Mary Macleod 552041 |

Sixpenny Handley Bowls Club

| | |
|---------------------|----------------------------|
| President | Patrick Taylor..... 552187 |
| Secretary/Treasurer | Brian Hansford.....552468 |

Handley Sports Club

| | |
|--------------|----------------------------|
| Chairman | Mark Young..... 552741 |
| Secretary | Brian Hansford..... 552468 |
| Team Manager | Mark Young..... 552741 |

Chase Community Friends

| | |
|-----------|------------------------------|
| Chairman | Dr. Geddes..... 552395 |
| Secretary | Vic Hatton01258 840671 |

Sixpenny Handley Tennis Club

| | |
|----------------------|---------------------------------|
| Chairman | Michael Catchpole..... 552879 |
| Secretary | Adam Macmillan-Scott.... 552249 |
| Membership/Treasurer | Laura Loncar..... 552651 |

Sixpenny Handley Cricket Club

| | |
|-----------|--------------------------------|
| Chairman | Simon Ellingham..... 552370 |
| Secretary | Juli Spendley.....01202 822818 |

Happy Nappy Club

| |
|--------------------------------|
| Alison Goodfellow..01258830143 |
| Tracey Hartles.....516212 |
| Christina Reynolds.....552240 |

Sixpenny Handley Sports Association

| | |
|---------------------|----------------------------|
| Chairman | Toby Mills..... 552727 |
| Vice Chairman | Tim Reynolds.....552995 |
| Secretary/Treasurer | Brian Hansford..... 552468 |

Sixpenny Handley Flower Show

| | |
|----------|----------------------------|
| Chairman | Brian Hansford..... 552468 |
|----------|----------------------------|

Welcome to the latest edition of The Downsman.

All your contributions to.....

Alan Vincent, 5 The Parsonage, Sixpenny Handley, SP5 5QJ

Telephone – 01725 552788

E-mail: downsman@sixpennyhandley.org



The next edition of this Magazine will be published on the
1st August 2005

Copy Deadline is 20th July 2005

**Sixpenny Handley with Pentridge Parish
Parish Council**

The following planning applications have recently been examined by the Council

1. Bennet, Bodenham cottage 5 The Hollow. Demolish existing house and erect new with double garage and altered access. Refused.
2. Muspratt, 22 Dean Lane. Single storey side extension. Approved.
3. Cresswell, Wayside Cottage, Woodcutts. Carport (retrospective)
4. Swift, 7 Sycamore Close. Rear Conservatory

If you would like to know more about these applications call into the parish office.

Police Community Support Unit

The Community Support Unit will be visiting Sixpenny Handley at the following times:

Saturday 18th June – 10am to 12noon

Saturday 16th July – 10am to 12noon

New Parish Clerk

Christopher Snape has now taken over as Clerk to The Parish Council.

His telephone number is 553001.

Freedom of Information Act

Sixpenny Handley with Pentridge Parish Council has adopted The Model Publication Scheme for Local Councils. A copy of the Scheme is available from the Clerk to the Council, telephone 553001. The documents referred to in the Scheme are held by the Clerk and can be inspected following a written request. Copies of the documents can be provided at a cost of 10 pence per A4 sheet plus postage, payable in advance.

| | | |
|---|--|--|
| Parish Office Unit 5B Town Farm Workshops | Opening Hours: Tuesday 10am – 12noon Thursday 6pm – 7-30pm | Phone – 552211/553001 Email – office@sixpennyhandley.org |
|---|--|--|

Extracts from the RHS Newsletter.

How can gardens help biodiversity?

Biodiversity encompasses all living things; the diversity of species, the variation of genes that enables organisms to evolve and adapt, and the diverse ecosystems within which organisms interact in a complex network of interdependent relationships. The tiniest insect, lichen or fungus can be of huge significance to the more noticeable birds and mammals. Most gardens are already of great significance to diversity: the combination of habitats, soils and native/ exotic plants create a unique environment. By adopting some or all the measures below, the biodiversity of your garden can be further enhanced.

Ways to help encourage biodiversity in your garden:

- All plants add to biodiversity, but choose those with multiple resources that specifically provide various forms of wildlife with food and shelter. Bees, butterflies and other flower-visiting insects will love those abundant in nectar and pollen (e.g. rudbeckia, salvia, buddleja, marjoram, honeysuckle), while mammals and birds will enjoy fruiting trees and shrubs (e.g. crab apple, pyracantha, cotoneaster, sorbus)
- Leaving dead wood on trees is hugely beneficial, although this is only recommended where it is safe to do so. Alternatively, use dead wood as a garden ornament, or create a feature from a log pile, which will benefit all manner of species.
- Wait until Spring to cut back perennials and grasses that provide winter food for resident birds and mammals. If left, the bold seed heads, stems and foliage will enhance the over-wintering potential and survival rates of benefiting insect species such as ladybirds, lacewings, hoverflies and spiders.
- Reduce the use of chemicals, particularly to control pests. All insects are an important part of the food chain in the garden; so, by limiting the use of insecticides, you will help to increase the numbers of natural predators in that chain.
- A water feature without fish (it need only be a washing-up bowl set into the ground) will enable amphibians to spawn. They will return the favour by controlling slugs and snails.
- Reduce the size of your lawn, or consider leaving part of it uncut: long grass can be so beneficial to many species. Alternatively, turn part of your lawn into a wild flower area, thereby encouraging a wider variety of insects, especially butterflies.
- Install bird feeders, bird, hedgehog and bat boxes, solitary bee nests, ladybird and lacewing homes and so on. Remember birds should be provided with food and water throughout the year, not just during winter, and many will enjoy the wide range of insects, worms and other invertebrate animals in your garden.
- Recycle the plant material in your garden as compost. Leaf litter, in particular, makes good compost, but always remember to check your compost heap for wildlife before disturbing.

Ian Davies

**The Parish Web site is currently under development at
www.sixpennyhandley.org
Visit it regularly for updates and let us have anything you think should**

Village Hall News

Hello Again

A.G.M. report

We had a successful A.G.M. on 25th April with all the organisations that use the hall represented plus one member of the public. Treasurer Ian Davies gave us a sound financial report but we must keep a close eye on our costs, especially gas prices which have risen by 25%.

As chairman I reported that we had almost achieved our targets that we set (Hurrah the builder has just arrived). I would like to thank the team for their support and guidance during the last 12 months without which I should not be able to survive.

At the A.G.M. and at the E.X. committee meeting a lot of time was taken up discussing the Charity Trustee responsibilities. Paul Skinner our secretary has done a lot of research on the subject and at last we seem to be making some progress, I hope in the right direction. Thanks Paul.

Fund Raising

Our fund raising and entertainment programme for the autumn is beginning to take shape. Here are the dates agreed so far

7th Oct Film Show (Film not decide yet)
15th Oct 200 years Trafalgar Celebrations
22nd Oct Robs Auction
28th Oct Horse Racing CCF
12th Nov Jumble Sale
18th Nov W I evening
9th Dec Film Show and Christmas Draw
4th Jan Forest Forge Pantomime (Tom Thumb)

If anyone has any idea what films they would like me to ask for please drop me a line

What a lovely evening we had on the 29th April. About 90 people enjoyed first Buster Keaton, followed by Finding Neverland. The show was very successful and we made about £130 profit. My chief critic (from Scotland) said "it was a very enjoyable evening, well presented, please can we have some more"

Thank you all very much for your support - hope to see you in October .

Now for the bad news. On Friday 13th May and Saturday 14th May 5 windows were broken; the replacement cost will be £400. If anyone saw or heard anyone causing the damage please let me know so that I may pass it to the police. Thank you

Gordon Oxford, Chairman

Your District Councillor Pauline Bailey-Wright will be holding her surgeries from 6.30 p.m. until 7.30 p.m. at the Parish Office, before the Full Parish Council Meeting.

Please come along and meet her.

Watch notice boards for dates of next meetings.

PATRICK
ROSE

QUALITY PAINTER
AND DECORATOR

Free quotes & advice
Fully insured

TEL: 01725 552872

MOB: 07989 373735

HAYDN EVERALL

Your Local Appliance Specialist

for

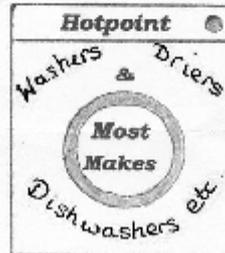
Superb Prices!

*Check them out before
going to town!*

*Remember
service?*

After Sales Service

**We
Deliver
&
Install**



*and
we show
you how
to use
it!*

**PLUS - Fast Efficient Repairs
to Most Makes & Models**

--- 01725-552843 ---

**Anne Reed, B.A., M.C.S.P.,
S.R.P.**

Chartered and State Registered
Physiotherapist

Treatment for
Sports Injuries, Spinal and Neck
Pain, Arthritis, Headaches
Acupuncture, Ergonomic Advice,
Massage
Home Visits and Evening
Appointments

Telephone: 01725 552518

**SUMMERLOCK
UPHOLSTERY**

Church Farm Workshop
Sixpenny Handley
SALISBURY

Tel: 01725 552333 Fax: 01725 552333

**FOR
RE-UPHOLSTERY**

**CURTAINS
Loose Covers**

**VERTICAL & VENETIAN
BLINDS
Carpets Supplied & Fitted**

FARNHAM FARM HOUSE

Luxury Bed & Breakfast
with

SARPENELA

Natural Therapies Centre / Day Spa

*visit us for a treatment
spend the day or simply stay*

Bed & Breakfast:

Tel: 01725 516254 e-mail: info@farnhamfarmhouse.co.uk

Web site: www.farnhamfarmhouse.co.uk

Therapies:

Tel: 01725 516942 e-mail: sarpenela@btopenworld.com

Web site: www.sarpenela.com

Sarpenela Natural Therapies Centre

Introduces

Hannah Rodgers

Holistic Beauty Therapist

Hannah offers a full range of beauty treatments including the new natural skin care range from France, 'La Phyto'. 'La Phyto' products restore natural balance and promote the body's own healing process.

Amanda Milburn M.A.R.

Holistic Therapist

Amanda offers Precision Reflexology (Reflexology with a difference!) and La Phyto Reflexology, a new and exciting method of Reflexology using healing coloured clays.

Erica Connolly

Holistic Healer & Colour Therapist

Erica works with unique and powerful Reconnective healing energies to assist you on your healing journey. She also offers insightful readings and healing sessions using the magical Colourworks system.

Visit us at Sarpenela to feel good on the inside and look great on the outside!

Tel: 01725 516942 Email: sarpenela@btopenworld.com Visit: www.sarpenela.com

A Letter from the Sixpenny Handley Sport's Association

Dear Sixpenny Handley Resident,

As I'm sure you are aware, Sixpenny Handley has some of the best sporting facilities in the UK for a village of its size. We have four thriving clubs:

- Football
- Lawn Bowls
- Tennis
- Cricket

The aim of the Sixpenny Handley Sport's Association is not only to foster sport in the community but also to improve and extend the existing facilities. For this purpose the committee meets regularly to discuss fund raising, ways of reducing overheads and new projects to benefit the community. We are particularly keen to provide a skateboard/bicycle park, as we believe this would be a great facility for the younger members of the community.

Unfortunately recent acts of vandalism to the sport's pavilion are forcing us to spend what little money we have on repairs:

- To replace the extractor fans in the changing rooms: £1,800

WHEN ARE WE GOING TO GET A VICAR?

This is an oft heard question from members of the community. As you will have gathered Church life continues and figures attending worship have remained 'robust' to use the current speak but obviously there are aspects of community life that are not receiving the attention normally attributed to having a 'full time pilot' at the controls.

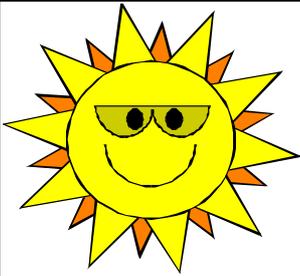
This is due in part to the Vacancy and the fact the '**Bush Telegraph**' isn't working as well as it should and that's down to you out there. Strange though the '**Rumour Network**' is still working with incredible speed and inaccuracy, shame really but I suppose that's life. Contacts and telephone numbers are published in this august publication in two places; the '**Parish Directory**' (inside the front cover) and of course in '**The Seeker**' the coloured centrefold section.

To answer your question – the latest is that the '**Parish Profiles**' have been completed and forwarded to the Archdeacon of Dorset who will, from what is presented in the profiles, put together an advertisement to be published in the ecclesiastical press. Should you read the Church Times you will in due course (not long now hopefully) see the vacancy advertised. Those who apply will be sent a copy of the Profile which will provide them with the sort of background that describes what to expect and what we are looking for both from the community and the church's point of view. Once the advertisement appears it is quite normal practice for those interested to visit 'incognito' to fill in the picture that they have received through the Post together with discreet enquiries to establish a better understanding of the state of play. You never know who that stranger is that you may see about or meet, interesting when you think about the possibilities.

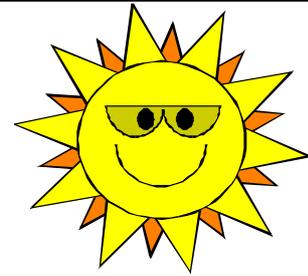
Most of you who have spoken to me have expressed dismay at how slow and nonsensical the whole process is in dealing with the appointing of clergy to benefices when one leaves. Really it is heartening that you should feel this way, as it confirms how important the Vicar is to us all. The Church, that is the membership, has been really challenged and this has brought out many hidden gifts which have enabled many to step forward to share in the ministry in various ways. It is a time when one discovers what it is to try and keep everything running as normal and therefore instead of the Vicar (and his wife) doing it all, the duties have to be shared and shared they have been. With what lies ahead when the new vicar is appointed that person is going to need all the help and support for a very engaging ministry which will encompass a larger area than the existing two parishes. The powers that be have indicated that we work collaboratively with our neighbours but this will only begin, I would think, once the new person is in place and has got to know what is involved taken together with the briefings and discussions with colleagues.

Both Graham and I will keep you informed of progress, but should you wish a chat on this matter please do not hesitate to contact either of us.

David Salmons



Sixpenny Handley
First School



Summer Fair,
Fun Evening & Barbecue

To be held in
the school grounds on

Friday 1st July 2005
from 5.00pm - 7.30pm

Please do come along and enjoy a little
entertainment by the children,
followed by our annual summer
fundraising event.

Cake Stalls, Tombola, Raffle,
Plants, Children's games & lots lots more!
Everyone welcome.

Proceeds towards school funds

SIXPENNY HANDLEY
GARDENS OPEN

SATURDAY AND SUNDAY
26TH AND 27TH JUNE
1 - 5 PM

SIXPENNY HANDLEY IS JUST OFF THE A354 BETWEEN
SALISBURY AND BLANDFORD FORUM

COME ON A GARDEN SAFARI TO 14 DIFFERENT
GARDENS FROM THE NEWLY PLANTED TO THE
PLANTSMAN'S PARADISE – AND EVERYTHING IN
BETWEEN!

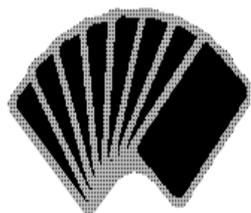
TOURS OF AWARD WINNING CHURCHYARD

PLANT AND CAKE SALES

CREAM TEAS

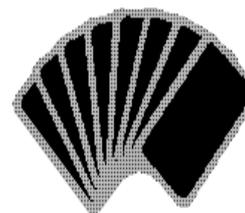
TICKETS £4, ACCOMPANIED CHILDREN FREE (NO
DOGS IN GARDENS, PLEASE)

PROCEEDS IN AID OF
ST MARY'S AND ST ANDREW'S CHURCHES



Whist at The Village Hall

2004-2005 Competition



When, in mid-March, I submitted my whist column to the editor, I predicted that this season's competition would remain in the balance right up to the last round. This proved to be an accurate forecast and on completion of the 16th drive, Chris Haskell emerged the victor in Division 1 with an aggregate score of 2549 points, just three points to the good over your scribe who, in turn, finished a comfortable 36 points ahead of Len Diggin of Ashmore. However, in Division 3, the outcome was even closer with Wilf Jacobs easing the previous round's top of table player, Ruth Husting, into second overall by a single point! Only in Division 2 did the competition prove to be relatively easy going for the eventual winner, Betty White, whose score of 2428 points was 37 to the good over John York who secured second place, ahead of Dora Scammel. Nevertheless, John had to return a big score on the final round to ensure his placing as he knew Dora would be absent from the final round and her division 1 score (2376) was sufficient to guarantee the runner up spot if he failed to better 162. In the event, the lay of cards favoured John and he carded 177, second highest for the final round which was taken, triumphantly, by Betty (White) on 179. Only two other players bettered '170', namely Arthur Austin (173) and Brenda Inness (171).

As in all competitions, and whist in particular, a fine start is not always the portent of eventual success and Geoff Peach must surely rue his fortune for having won 11 of the 12 hands that constitute the first half and notching up 97 points in the bargain, *Dame Fortune* deserted him and the second half became a tale of woe, ending with 72 and a 169, which was good enough for a fifth prize. Doug Haskell, too, must have felt reasonably confident of a third place in Division 1, for in the absence of Dora Scammel, he automatically moved up a place, and with a 12 point cushion over Len Diggin, Doug only needed to card a '160', or thereabouts, to hold off any challenge from Len. But it was not to be and a wretched series of below par scores ended at a final total for the night on 144, whereas Len managed 159, thus easing himself into third by a margin of three of points.

Overall, the 2004-2005 competition has been well supported and very keenly fought throughout. Thus, the final positions show:

Division 1. Chris Haskell 2549, Bill Chorley 2546, Len Diggin 2510, Doug Haskell 2507, Sam Poolman 2490, Daphne Killeen 2487, Edie Langley 2480 and Marge Poolman 2457.

Division 2. Betty White 2428, John York 2391, Dora Scammel 2376, Arthur Austin 2357, Sylv Day 2351, Ted Meaden 2348, Brenda Inness 2343, David Green 2324, Fred Denham 2297 and Rita Austin 2276.

Division 3. Wilf Jacobs 2179, Ruth Husting 2178, Doris Day 2151, Geoff Peach 2146, Doris Gibson 2143 and Stuart Coombs 2127.

Highest score: Betty White 195, secured in the fifth round of the competition.

A report on the May 18th drive, at which prizes will be awarded, and details of the format that the 2005-2006 competition will take is scheduled for the next issue of *The Downsman*.

Sadly, I conclude this piece with the news that Daisy Noble died on the 5th of April,

2005, age 92. Readers may recall that it was a year ago that I announced Daisy's 'retirement' from competitive whist and though death brings much sorrow, we can take great comfort that Daisy was an inspiration to us all, for despite failing eyesight and a general deterioration in her health, she continued to grace us with her presence at the card tables practically to the end of her long and, I am sure, eventful life. To Daisy's family, relations and friends, I extend the condolences of all who had the pleasure of engaging with her in whist at Sixpenny Handley and I conclude this column by quoting the first four lines from a poem, written as a personal tribute, by Len Diggin and which reaches out beyond the confines of our own community.

*'Its always sad to say goodbye
To the friend of us all,
For Daisy was a part of us
In every village hall*

Bill Chorley

The Wheretheheckarewe Tribe and their Connection with Woodcutts

Regular reader(s) will think, what is he on about now? Well I will start by telling you about this tribe. They are pygmies, who rarely measure more than four feet six inches when fully grown. They live in the marginal grasslands between the pampas and the rain forests at the foot of the Andes. They actually live in vast areas of dense grass, which grows to a height of some six feet. Obviously these little people are severely disadvantaged by this high cover, (it is ideal for game cover in the pheasant shooting areas.). To overcome this problem they are constantly running along and jumping in the air, to find out where they are, while shouting "Where the heck are we?"

You may ask, "What has this to do with Woodcutts?" The answer is quite simple, oil seed rape. Now do you see? No? Well I will try to explain further. This year we have oil seed rape (OSR) drilled all around us, and very few of us are over six feet in height and the OSR is at least six and a half feet high. Yes you've guessed it, we at Woodcutts are now running around, jumping into the air and shouting "Where the heck are we?" This of course excludes Mrs. Kirby, our most senior resident, who simply goes upstairs to look out of her bedroom window to see across the lane.

My apologies to those who expected more news from Woodcutts in this edition. God willing, for the next edition things will be back to normal. The same applies to the "The Children's Own", Mr. Pippin also has been rather lazy, but he will be back for the next issue.

*Until then God Bless.
Ted (May 2005)*

HANDLEY GARAGE

Telephone – 01725 552134



We are now fully up and running for
Cat & Diesel M.O.T. Testing (Class Four)

Full Range of Services
Welding, Servicing, Spraying & Bodywork,
Engine Re-builds or Re-Cons, Gearboxes, Clutches,
Exhausts, Tyres etc

FOR ALL YOUR CAR NEEDS Phone Richard

| | | |
|---------------|--------------|------------------|
| Opening Hours | Mon. to Fri. | 8:00am to 5:30pm |
| | Saturday | 8:00am to 4:00pm |
| | Sunday | Closed |



MAIDMENT & CARTER LTD. BUILDING SERVICES

- CARPENTRY & JOINERY
- BRICKWORK
- STONEMWORK
- PLUMBING
- ELECTRICAL
- DECORATION
- ROOFING
- DRAINAGE



- KITCHENS
- BATHROOMS
- INSURANCE WORK
- UPVC DOORS, WINDOWS, FASCIAS ETC
- FITTED BEDROOMS
- QUICK RESPONSE
- FREE ESTIMATES
- FULLY INSURED

ALL ASPECTS OF BUILDING WORK UNDERTAKEN
EXTENSION AND RENOVATION SPECIALISTS

FOR YOUR PIECE OF MIND WE ONLY EMPLOY THE SERVICES OF TIME SERVED QUALITY TRADESMEN

DIRECTORS: PAUL MAIDMENT AND JULIAN CARTER

UNIT 6, TOWN FARM WORKSHOPS, DEAN LANE,

d o w n t o e a r t h



All garden maintenance work undertaken :

*hill farm house
ebbesbourne wake
salisbury
wiltshire SP5 5LW
tel: 01722 780 876
mobile: 07971 239058
email: jwcf@downtoearth-gardening.co.uk*

Weeding, digging, planting, mulching, clearing, hedge cutting, pruning, fencing, timber and log cutting. All those jobs that there was no time for last year but need to be done NOW!

And what about your patios, paths and drives? We can lay or relay paths, patios, drive-ways as well as edging.

Reasonable rates, reliable and polite service and references are available. For a free quote: contact Jamie or Dorinda on 01722 780 876 or 07971 239058

Taking the pain out of mundane tasks

Horse Trailer for Hire

5 Year old Ifor Williams (Hunter) Horse trailer,
in immaculate condition,
available for hire, either on its own or
with a chauffeur driven 4 wheel drive.

The trailer is towed by a reliable, 1995 registration spotlessly clean
Landrover Discovery.

The trailer can comfortably accommodate 2 horses.
Any journey of any distance undertaken on mainland Britain to any
location or event or activity.

I am happy to carry passengers in addition to any equine guests,
packed meals provided on request and tailor made to suit all tastes.
Character references available.

Very reasonable rates on an hourly or daily basis.
Call Jamie on either 01722780743 or 07834815954
or email:

jamie.forbes@virgin.net

URGENT – CAN YOU HELP?

The Sixpenny Handley Community Composting Association, committee are currently looking into potential sites which could be considered for the scheme. If you happen to have ½ acre (or thereabouts) of land locally with suitable access which might be available for such a purpose, or know of anyone who may be able to assist us in our search for an appropriate plot, we would be interested to hear from you to discuss your suggestion further.

Please contact: Ted Cox on 01725 552801
 Email MADTED6@aol.com

The reasoning behind creating a community composting system is two-fold. Firstly it is economic and secondly environmentally friendly. The economics are simple, the council does not allow garden waste to be put into black bin bags, which means all garden rubbish has to be taken to a council 'bring site'. This is a costly exercise and of course is reflected in the Council Tax paid by each household. Similarly, if the waste is mixed with household rubbish in black bags for council collection, a practice very much frowned by the council, extra transport is required and additional landfill space is needed, these are expensive commodities, both financially and environmentally.

Be GREEN, help us to protect your pocket, while improving your environment. Compost produced locally will contain just what your garden needs, after all where will it come from, you've guessed it, "YOUR GARDEN".

How's that for recycling and of course it will be far cheaper than the compost you go miles to buy! Help us to help you, SUPPORT COMMUNITY COMPOSTING, coming soon.

If you want to know more about it speak to Ted (As above), or Rita (Sec.) on 01725 552885,
Email: georgeandrita@btinternet.com

We look forward to hearing from you!

Laughter is the best medicine

Extracts from Patient Hospital Notes

- She has no rigors or shaking chills, but her husband states she was very hot in bed last night.
- Patient has chest pain if she lies on her left side for over a year.
- On the second day the knee was better, and on the third day it disappeared.
- The patient is tearful and crying constantly. She also appears to be depressed.
- The patient has been depressed since she began seeing me in 1993.
- Discharge status: Alive but without my permission.
- Healthy appearing decrepit 69 year old male, mentally alert but forgetful.
- The patient refused autopsy.
- The patient has no previous history of suicides.
- Patient has left white blood cells at another hospital.
- Patient's medical history has been remarkably insignificant with only a 40 pound weight gain in the past three days.
- Patient had waffles for breakfast and anorexia for lunch.
- Between you and me, we ought to be able to get this lady pregnant.
- Since she can't get pregnant with her husband, I thought you might like to work her up.
- She is numb from her toes down.
- While in ER, she was examined, X-rated and sent home.
- The skin was moist and dry.
- Occasional, constant infrequent headaches.
- Patient was alert and unresponsive.
- Rectal examination revealed a normal size thyroid.
- She stated that she had been constipated for most of her life, until she got a divorce.
- I saw your patient today, who is still under our car for physical therapy.
- Both breasts are equal and reactive to light and accommodation.
- Examination of genitalia reveals that he is circus sized.
- The lab test indicated abnormal lover function.
- The patient was to have a bowel resection. However, he took a job as a stock broker instead.
- Skin: somewhat pale but present.
- The pelvic exam will be done later on the floor.
- Patient was seen in consultation by Dr. Blank, who felt we should sit on the abdomen and I agree.
- Large brown stool ambulating in the hall.
- Patient has two teenage children, but no other abnormalities.

100 Club Winners – March

1st Mrs D Penny 2nd Mr D Goddard 3rd Mr V Fryer

100 Club Winners – April

1st Mrs Berry 2nd Dr Geddes 3rd Mr Marskell

If anyone would like to join the Club or know more about it, please contact
Carole Wyatt on 01725 552572

larmertree

f e s t i v a l *presents*

JOOLS HOLLAND and his Rhythm & Blues Orchestra

Share a summer's evening with one of the world's greatest boogie-woogie pianists in a unique and intimate setting on the Wiltshire/Dorset border.

Wednesday 13th July

+ The Ukulele Orchestra of Great Britain



Thursday 15th July

+ Flanagan

Larmer Tree Gardens -
Britain's most enchanting venue!



BOOK NOW!

online

www.larmertreefestival.co.uk

info and group bookings

01725 552300

by phone

023 8071 1820

ANDREW BAVERSTOCK

Farnham, Dorset

Garden machinery service and repairs

Tel. (01725) 516311
Mobile 07813 252078

Most work can be carried out
at your home. Please phone
without obligation
to discuss your
requirements.



FARRIER

John Whyatt Dip. WCF

Reliable, Punctual and LOCAL

Tel:
01725 553062

WELLDONE TILING SERVICES

Fast, Clean &
Efficient Service

WALL AND FLOOR TILING
UNDERTAKEN

RE-GROUTING SERVICE
OFFERED

HOUSE PAINTING

Telephone:
Shaun 01725 552196
Mobile: 07760 367626

GARMENT ALTERATION SERVICE



A fully qualified and
long established
seamstress with over 20
years experience is

Opening the business to
private customers having
previously catered
predominantly for shops.



A full fitting service is
available and most work
is completed within 48
hours.



FOR MORE INFORMATION OR A PRICE LIST
PHONE 01722 718405 & SPEAK TO CAROL

WHY? OH! WHY?

Once again the Church has had to suffer the additional expense of having a Fire Extinguisher refilled because some unhappy soul feels it necessary to draw attention to their unfortunate frustration or whatever their problem may be by taking it out on our community.

St Mary’s is used seven days a week by those who need a place of peace and quiet to reflect, to find God in their own time and way rather than join in congregational worship. Just to be able to pop in, after tending a loved one’s grave, and say a prayer or just reflect on past memories is a wonderful healer and comforter. To deny this opportunity, which has been available to generations past, by locking the church is a consideration which with great reluctance may have to be considered.

Please, please would those who witness these mindless acts remind each other that this is truly selfish and a totally unwarranted way to behave in a loving community of which we all are part.

CITIZENS ADVICE BUREAU AT SIXPENNY HANDLEY SURGERY

Tuesdays 9:30am – 12:00 noon - Gilly

NO MATTER WHO YOU ARE OR WHAT YOUR ENQUIRY IS

WE WILL TRY AND HELP - COST? – FREE

FOR YOU?

For all practice patients, regardless of class, race, sex, sexuality, culture, income or benefits.

- We will not tell anyone unless you say so
- We don’t judge or blame
- We will not be influenced by outside interests or views
- Financial Problems
- Preliminary Debt Counselling
- Employment Issues
- Housing Related Problems
- Family Breakdown
- Issues relating to being a Carer
- Issues related to Community Care



THE CHASE GARDEN CLUB

The Chase Garden Club meets on the last Thursday of each month at 8 pm lectures, slides, garden visits etc.

For more information phone Peter and Sue Evans 01725 552270 or Gill Carter on 01725 552030.

Meeting dates:
June 30th; July 28th

Thank You

To All Friends & Neighbours - Thank you very much for your best wishes, cards and visits when I was again in hospital during February and March. I am now back on my feet after a rather lengthy spell, but if I haven't thanked you in person, please take this as a personal thank you.

Gill Martin

Festival of Flowers and Village Garden Walk
30-31 July 2005 (11am to 5am)

Farnham village will be opening the gates of a dozen gardens for visitors to enjoy cottage gardens in the height of summer.

Proceeds are in aid of the village church, St Laurance, which will also open its doors with a Festival of Flowers.

Entrance to the gardens and church will cost £2.50. Car parking is provided and produce stalls and cream teas will also be available.

Further information:

Betty Miller, The Granary, Farnham, Blandford, DT11 8DE (01725 516233)

SHANE MACDONALD
A BIG THANK YOU

Sarah and Clive would like to thank all those people who have shown such kindness and understanding over the last few weeks following Shane's terrible accident.

We are enormously grateful to Shane's friends who were with him at the time; they showed a great sense of presence of mind and remained calm. This undoubtedly saved Shane's life. You are all incredible individuals, who we should all, as a village community, be very proud of. Without you and Maureen this would be a very different piece of writing in a different column.

We are both deeply touched by the help and support that many of you have given to us all as a family. From mending showers, walking dogs, lending pillows and blankets, visiting and sitting with Shane, to including us in your prayers and thoughts and just caring, whilst respecting our privacy and dignity. We are all truly humbled by your generosity and warmth.

This has shown us how precious and irreplaceable all you young people are, not just Shane.

It is great to see you all wearing helmets when you are out riding now, and we look forward to being dazzled by your lights in the darker evenings to come.

Our thanks also to all the staff at Handley surgery

It is easy in a village to have divisions in generations, but we have seen a wonderful community pull together to help and support at a difficult time. The younger generation, given due respect and encouragement, will continue to keep this village a thriving and interesting place to live.

**2nd Lieutenant Sidney Vandyke Hasluck,
Mentioned in Despatches**

**Indian Army Reserve of Officer,
Attached 14th King George's Own Ferozepore Sikhs**

It is appropriate that in this 90th year commemorating the fallen from the Gallipoli campaign that this profile should feature just one of the estimated 130,000 casualties sustained by the Allied and Turkish forces locked in this terrible engagement which lasted for the greater part of 1915. Principally because much is known of Sidney's father, the Reverend Ernest E. Hasluck, a fairly detailed assessment of his young life can be assembled. In fact, I wrote an account for the December, 1999 issue of *The Downsman* and I will be referring to this report as I convey a broad brush review of 2nd Lieutenant Hasluck's all too short life.

Born in 1888, Sidney was still an infant when, in 1893, his father took up residence in the vicarage but it seems unlikely that young Sidney saw much of village life as he was sent to Marlborough College, completing his education here in 1906. While at Marlborough, Sidney had taken an active part in the college cadet force and he furthered this embryonic military experience by joining the Dorset Yeomanry, with which he served until his departure in 1909, for Ceylon (now Sri Lanka) and a future in the tea and rubber industry. I am not able to say if he was able to take leave in England, though I consider it unlikely, but it is recorded that he combined his duties as a planter with military training in the company of the Ceylon Mounted Rifles.

With the outbreak of war in August, 1914, Sidney Hasluck immediately volunteered for active service and was accepted, as a private, in the Ceylon Contingent which, I suspect, incorporated the mounted rifles. Not long after the outbreak of hostilities, the Ceylon Contingent were ordered to proceed to Egypt and it was here, in 1915, that Sidney obtained a commission in the Indian Army Reserve of Officers (I have carried out a search of the *Gazettes-online* website, but without success in tracing his commissioning details, or that of his Mentioned in Despatches). Gazetted as a 2nd Lieutenant, he was attached, initially, to the 89th Punjabis but after arriving in the Dardanelles with the 89th he was seconded to the 14th King George's Own Ferozepore Sikhs.

His time spent as an officer is best described in a letter, written after his death on the 4th of June, 1915, to his parents by the Commanding Officer of the 89th Punjabis, the formation to which Sidney had first been attached, *'During the time your son was with us, both in Egypt and the Dardanelles, he worked hard, both at Hindustani and at his military duties. During the fighting at Kantara, he showed himself cool under fire. Again, in the Dardanelles, when Captain Scruby was wounded, he and Lieutenant Masters carried on under a heavy fire, while the Double Company dug itself in, and he gave a good example to everyone near him. I may mention that I sent both his name and Lieutenant Masters' to the General Officer Commanding Brigade for a 'Mention in Despatches', though it is probable that owing to the large number of recommendations their names have gone no further.'*

The action at Kantara, referred to in the letter, concerns the attack in February, 1915, by Turkish forces on the Suez Canal, this assault being successfully repulsed by Imperial troops, of which the 89th was a part. It was not long after these events, and with the link between the Mediterranean and the Red Sea secure, that the 89th embarked for the Dardanelles. Victory here would, in simple terms, force Turkey out of the war and at the same time open up a supply route through the Sea of Marmora and on into the Black Sea to the relief and succour of our beleaguered Russian allies.

Despite the misgivings of the author (whose name is not recorded) of the letter, his

recommendation was acted upon as Lieutenant Hasluck's entry in the Commonwealth War Graves Commission's register, published for *The Helles Memorial*, shows.

In addition to the letter quoted, Ernest and Agnes Hasluck received a second communication, this time from the pen of the wounded officer referred to in the missive from Sidney's commanding officer. In a personal tribute, Captain Scruby wrote, '*We were together in a trench for 3 days and at the time I got hit we had gone up to take a new position in front of the old line. He was left in charge all day; we had fairly heavy casualties and I feel sure that if it had not been for his influence our company would not have held the new line. Your son made the men dig a hole for me and looked after me until we were relieved that night.*'

The failure in the Dardanelles, a campaign whose architects included Winston Churchill, then First Lord of the Admiralty and Kitchener the War Minister, has been highly criticised by military historians, but, as in the words of an Australian family, present for this year's 90th commemoration of the fighting, Gallipoli witnessed the coming of age in respect of Australian and New Zealand and no longer would they be regarded as junior partners in the grand scheme of the Commonwealth and Dominions. To this day ANZAC commemorations for their fallen continue to stir the proud hearts of our Australian and New Zealand cousins for it was over the shell torn and bullet raked landscape of this spit of land guarding the approach to Constantinople, the ultimate prize for the Allies, that the blood of so many of their servicemen had been shed. Sidney Vandyke Hasluck had laid down his brief life in very glorious company.

Bill Chorley

Postscript. My assumption that the Reverend Hasluck had buried Private Edwin Hobbs, as reported in my last profile, turns out to be erroneous. A visit to the County Records Office at Dorchester and a perusal of the burial records for Sixpenny Handley shows that the funeral service for Private Hobbs was conducted by the curate. Unfortunately, his signature is near indecipherable, though the initials 'A. R' are quite clear and I hope, in course of time, to ascertain the curate's identity.

TRAFALGAR WAY PROJECT

The Trafalgar Way project is part of this year's Trafalgar Bicentenary Celebrations and will mark the journey made by Lieutenant John Richards Lapenotiere, returned from the battle off Cape Trafalgar.

After landing in Falmouth on Monday the 4th of November 1805, Lt Lapenotiere travelled to London by post-chaise carrying with him despatches from Admiral Collingwood to the Admiralty and the King, George III, that heralded the news of victory and the death of Lord Nelson. Following what has now been established as the Trafalgar Way, the 271 mile journey took Lapenotiere 37 hours to complete, and he changed horses 21 times. The 13th change was made on the afternoon of the 5th of November at the **Woodyates Inn**, a place which was well known to the King but which has since been demolished.

A plaque will be erected by East Dorset District Council and unveiled on the 25th of August, at the site of the Inn, to mark Lapenotiere's stop on this journey. The plaque includes the words "to inaugurate the Trafalgar Way from Falmouth to London and to honour the men of Cranborne Chase and East Dorset who fought for their country at Trafalgar".

LOCAL GOVERNMENT ACT 1972

Parish of Sixpenny Handley with Pentridge

**NOTICE OF ANNUAL
PARISH MEETING**

Notice is hereby given that:

The Annual assembly of the Parish Meeting for the above named Combined Parish will be held in:

Sixpenny Handley Village Hall

Wednesday 8th June 2005

At 7-30 pm

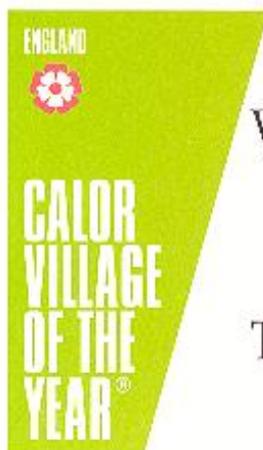
Such persons only as are registered as local government electors for the parish will be entitled to vote at the meeting, but the meeting will be open to the public during the proceedings unless the Parish meeting by resolution direct otherwise.

AGENDA

1. Welcome by the Chairman of the Parish Council – Cllr Mrs P Bailey Wright
2. To consider recent vandalism throughout the village.
3. To consider the control of speeding through the village and on the A354.
4. To consider the creation of a Parish Plan.

Any person wishing to submit formal questions may ask them on the evening, or forward them in writing to the Parish Office prior to the meeting.

Dated this 10th day of May 2005
Clerk to the Council



DORSET VILLAGE OF THE YEAR AWARD

This village has entered the

DORSET BEST KEPT VILLAGE COMPETITION

which encourages:

TIDY AND LITTER FREE VILLAGES

PRIDE IN APPEARANCE & UPKEEP OF ALL PUBLIC AREAS & BUILDINGS

including:

CHURCHYARDS, VILLAGE HALLS, CAR PARKS, BUS SHELTERS, TELEPHONE KIOSKS,
NOTICEBOARDS, RECREATION AND PLAY AREAS, SEATS, APPROACHES TO FARMS, SHOPS, PUBS,
PLANTED AREAS, VERGES, HEDGEROWS & STREETS

Please help to keep this village tidy

*CALOR DORSET VILLAGE OF THE YEAR AWARD is organised by
Dorset Community Action, The Barracks, Bridport Road, Dorchester DT1 1YG. Tel: 01305 250921
Fax: 01305 216420 Email: denise.paice@dorsetcommunityaction.org.uk*

Main Sponsor **Calor Limited**
and supported by W&S Recycling, Dorset County Council, West, North, East and Purbeck District Council, The Dorset Echo,
International Tree Foundation & Dorset Assoc. for the Disabled
& The Western Gazette



Calor Rural Sponsorship Programme
Calor supports competitions in over 4000 villages in England
www.calorvillageoftheyear.org

WE ARE WHAT WE EAT - PART II

In the last edition of the Downspan I talked about getting good nutrition, digestion and metabolism of food and the effect our emotions and stress can have on the digestive organs. I also talked about the 80% alkaline foods to 20% acid foods ratio. In this edition I will be talking about the correct balance of carbohydrates, proteins and fats as well as essential fatty acids and recommended serving sizes required for good nutrition and good health whatever your lifestyle.

What is a well-balanced diet?

The old belief that "as long as you eat foods from the four main food groups (meat, dairy foods, fruit/vegetables and carbohydrates) and eat three good "square" meals a day, you are receiving all the nutrients you need" is quite inadequate. It makes no mention of the types and variety of foods within each group that are necessary for a healthy balance; makes no mention of possible nutrient depletion in "processed foods"; and takes no account of the biochemical uniqueness, changing needs, or state of health of the individual.

Nutrition plays a critical part in achieving the correct balance of acid and alkali in the body - and the balance is a fine one. Under normal conditions, symptoms of acidity (which nutritional therapists believe to be poor mental function, fatigue, arthritic disorders, muscle aches and pains, etc) should not occur because the body is able to "buffer" any excess acid via alkaline reserves in blood and bone. Modern living, however, can exhaust this buffering capacity. For example, meat is a very concentrated source of protein and, if eaten three times a day over a period of several days, can, (nutritional therapists believe) generate a state of acidity which has to be neutralised primarily by the bicarbonate buffer system which requires sodium and calcium. When the blood reserves are used up, the body calls on calcium from the bones. From this we can see that there is an obvious link between excessive protein consumption and bone-density loss, putting a very large question over the need for large amounts of protein in a healthy diet. However, a healthy diet must contain sufficient protein to meet bodily demands and this needs to be balanced adequately with carbohydrates.

When food is metabolised in the body a mineral "ash" remains and when this ash is rich in calcium, magnesium, sodium and potassium it is classed as "alkaline-forming" but when it contains large amounts of chlorine, phosphorus and sulphur it becomes "acid-forming".

Basically, most fruit (even lemons), all vegetables, millet grain, and some pulses and nuts produce an ash rich in alkaline materials and are therefore alkaline-forming, whereas meat, fish, grains (except millet), and other pulses produce an ash rich in acid minerals and are, therefore, acid-forming. It can be seen then, that even vegans and vegetarians are likely to be "over-acid" if they rely too heavily on certain grains and pulses.

To counteract the tendency towards acidosis and its ensuing health problems, the diet needs to be made up of 80% alkali-forming foods and only 20% acid-forming foods, something not even hinted at in a conventional "balanced diet". However, to get you on the right track immediately, every meal should be a balance of carbohydrate, protein and essential fatty acids and at the same time attempt to achieve 80% alkaline/forming and neutral foods to 20% acid-forming foods.

Carbohydrates

Carbohydrates should make up 40% of your daily food intake and include fruit, vegetables and whole grain carbohydrates. Refined carbohydrates (white flour and white sugar and products such as bread, cakes and biscuits, pastries have no nutrient value and have no place in a healthy diet. To ensure a good mixture of the important minerals and vitamins within these complex carbohydrates, you should select a variety of them and not stick to only one or two. Try to keep acidity/alkalinity in balance (20%/80%) as previously mentioned.

Grains (including bread, pasta, rice, millet, breakfast cereals, buckwheat etc.) and starchy vegetables are classed as "high-glycaemic index" foods and should be consumed in small amounts to prevent blood sugar imbalances and this will help keep the acid-forming foods within 20% of your diet. However, since whole grains contain many essential vitamins and minerals, it is important to include them in your daily diet but only in small amounts.

Furthermore, some grains and pulses contain digestive inhibitors but brown rice does not contain these and so is digested more completely than other grains and helps prevent gas formation in the intestines - so rice and beans are a good combination.

Proteins

Proteins should make up about 30% of your daily food intake. Select a good range of proteins from the following (in descending order of importance):

Oily fish, lean meat, tofu, lentils, beans, seeds, nuts, milk, cheese and eggs.

If you are a meat eater always have an equal balance of animal and plant protein and for 2-3 days a week take your protein quota from pulses, seeds, nuts and tofu. If you are a strict vegetarian or vegan take equal amounts of tofu and pulses with smaller amounts of nuts and seeds.

An important factor in protein choice is to ensure that alkaline-forming or neutral vegetable protein like tofu, almonds, brazil nuts, seeds and pulses are balanced with the many acid-forming proteins such as oily fish, meat, cheese, and eggs. This is difficult because protein is biochemically usually acid-forming and it is probably easier to simply obtain your alkaline-forming foods from fruits and vegetables since most grains are acid-forming and should only be consumed in small amounts. A good source of plant protein is avocado and brazil nuts.

Fats and Oils

Fats and oils should make up 30% of your daily food intake but you need to ensure that you only have very small amounts of oils and fats. Seeds (sunflower, sesame, pumpkin, flax, linseeds etc..) contain oils in the form of essential fatty acids which should also form part of your daily fat nutrient.

Good fats are unsaturated fats and can be divided into two groups: mono-unsaturated such as olive oil and rape seed oil, and polyunsaturated such as fish, nuts and seeds. Mono-unsaturated fats have a protective function against heart disease. Certain polyunsaturated fats are also essential as the body cannot make them from other dietary fats; there are two different types - linoleic acid and linolenic acid-these belong to the Omega-3 and Omega-6 groups of oil, both are vital for the structure and effective working of the brain and nervous, immune and hormonal systems, and the skin. The first indications of deficiency are dry skin and eyes and a greater than normal thirst. Sunflower and sesame seeds in general are rich in Omega-6 (linoleic acid) and pumpkin, and flax seeds (edible linseeds) are rich in Omega-3 (linolenic acid). The best sources of both Omega-3 and Omega-6 oils are flax seeds (linseeds), pumpkin seeds and walnuts. Other essential fatty acids needed by the body are E.P.A (Eicosa-pentenoic acid) and D.H.A. (Docosahexanoic acid), both are found in oily fish such as mackerel, herring, salmon, sardines.

Below are listed the recommended servings of each type of food that you should be eating each day, multiply by 5 servings if sedentary, 7 servings is moderately active, 9 servings if very active.

| Food Group | Food Serving | Size | No. of servings/day |
|-------------------|--------------------------------|------------------|----------------------------|
| Carbohydrates | Vegetables except potatoes, | | |
| | Sprouted seeds, mushrooms | 4 ounces (100g) | 4 |
| | Fruit | 2 ounces (50g) | 4 |
| | Whole grains & starchy | | |
| Protein | Vegetables e.g. potatoes | 1 ounce (27g) | 1 |
| | Oily fish- incl. 1 fat serving | 1½ ounces (40g) | 2 |
| | Shellfish, | 1½ ounces (40 g) | |
| | Lean meat | 1 oz (27g) | |
| | Tofu | 3 ounces (80g) | |
| Dairy: | Cottage cheese | 2 ounces (50g) | |
| | Hard cheese | 1 ounce (27g) | |
| | Yogurt | 3 ounces (80g) | |
| | Milk | 3 ounces (80g) | |
| Eggs: | -includes 2 fat servings | 2 ounces (50g) | |
| Nuts: | -includes 2 fat servings | 1½ ounces (40g) | |
| Seeds: | -includes 1 fat serving | 2 ounces (50g) | |

| | | |
|------------|---|----------------|
| Pulses: | -includes 1 carbohydrate serving | 2 ounces (50g) |
| Fats | olive, sesame, sunflower oils, butter | ½tsp (2.5ml) |
| Nuts: | -includes some protein | 1 tsp (5ml) |
| Seeds: | -includes some protein | 1½ tsp (7.5ml) |
| | Peanut butter, tahini - includes some protein | 1 tsp (5ml) |
| | Avocado | 1 ounce (27g) |
| Fish oils: | included in protein list | 1 ounce (27g) |

If you need more help with your diet or would like to have your nutritional needs assessed, give me a call and make an appointment for your individual nutritional programme.

Sheila Ralph MR, BSYA(N. Th.), (Irid.), (Ad.C.MA.), (IH.).

Master Herbalist Nutritional Therapy, Iridology, Acupressure & Tui 'na and Indian Head Massage Practitioner.

Sheila practices from her home in Sixpenny Handley and the Centre for

Complementary Health Care in Blandford. For a appointment or for further information telephone 01725 552265



Sixpenny Handley Homewatch

The last couple of months have seen further vandalism in the village and as a result Sixpenny Handley topped the league of crimes reported locally for March/April. This was unprecedented and whilst it resulted in an increased police presence here for a time, the Homewatch Coordinators have written to Dorset police asking for more support. Their advice in the meantime is that vandalism actually taking place should be reported to them on sight. Don't waste time contacting the Homewatch first - tell them after you have summoned the police on 999.

The last thing we want is a situation getting out of hand. Some of us remember a concerted effort to rid the parish of a growing drugs problem ten years ago, which was largely successful because we took it seriously from the outset, encouraged the police to give it priority and persuaded parents to get involved. The current wave of vandalism is likewise local in origin and must be solved locally. The police have already visited some families and we again urge parents to take their responsibilities seriously.

The forthcoming Parish Assembly meeting in the Village Hall at 7.30pm on 8th June will be discussing the recent outbreak of vandalism as its main business. The Homewatch will be well represented and Dorset Police have been invited to attend.

Wanton damage aside, reported crimes this spring have been fairly low, with the depressingly usual 'thefts from insecure vehicles' dominating. Remember: always lock up. Nearly half our reported crimes are from insecure vehicles, sheds, garages and homes. Most of that is self-inflicted and avoidable. Perhaps we are just too trusting sometimes because we think the risks here are so low. Generally they are - at least on a countrywide scale- but if you don't lock it

Forever Living Products



“Forever Living Products is an established cash rich international company, which recently gained the ‘Investors in People’ award. It has an extensive range of health, nutrition and skincare products. Multi-Level-Marketing (MLM) is not a selling business, as most people assume. Rather, it is a teaching/coaching business and is based on bringing together groups of like-minded individuals who are taught and shown how to follow the simple company system, made easy by local, regional and national training programmes. MLM is about the power of numbers, about everyone doing a little.

A serious additional income can easily be achieved within a few years alongside a full-time job. With the current interest in safe, natural approaches to health and well-being, there could never be a better time to start in such a business.”

Dr. Peter Atherton, Nursing in Practice September 2004

If you see anything here that could benefit you, your family or friends and would like further information on the products or particularly any aspect of network marketing with Forever Living Products, please call

The UK's No1 Lawn Treatment Service

4 annual treatments to create a
healthy, lush, green
lawn.

Costs less than DIY

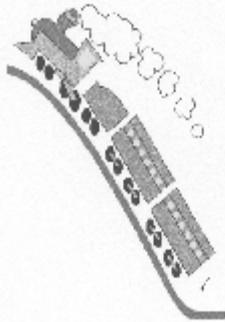
For your **FREE** no obligation lawn analysis report and quotation call your local GreenThumb on

0800 298 8792

www.greenthumb.co.uk

GreenThumb
LAWN TREATMENT SERVICE



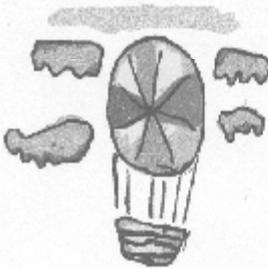


Bright Sparks

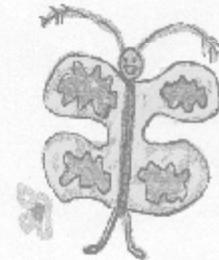
Ebbesbourne Wake

At Bright Sparks Nursery we aim to provide a happy, safe secure environment for children aged 2-5.

Our team of dedicated, friendly and highly experienced staff are well qualified in all aspects of childcare and education.



Sessions
Monday- Friday
9.00am-12.00/ 1.00pm
12.00pm- 3.00pm
All day sessions available.



Fees
£6.00 Per session.

Funding available for three and four year olds.

For further information, to request a prospectus or to arrange a visit please contact:

Angela, Karen or Nicky on:

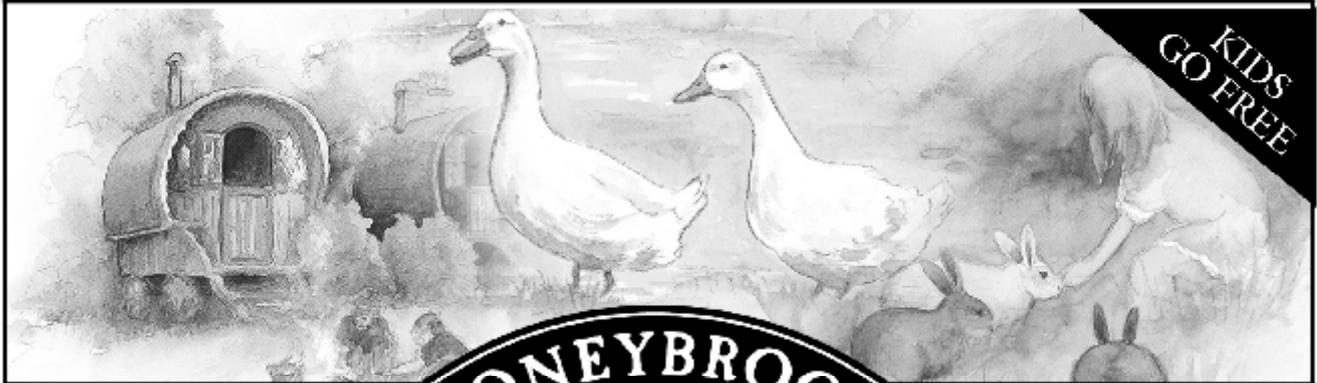
01722 781069

Or Email brightsparksare@aol.com



Good times make happy memories

VISIT THE REAL COUNTRYSIDE AT HONEYBROOK



KIDS GO FREE

HONEYBROOK

COUNTRY PARK

Countryside and River Meadows • Pure Breeds and Farm Animals • Family Yard and Playbarn • Pets Corner • Victorian Farmhouse
 Adventure Playground • Pony Rides • Heavy Horse Dray Rides • Rural History Exhibition • Formal and Friendly Gardens
 Traditional Tearoom • Restaurant Serving Home Grown Produce

Open 10.00am to 6.00pm • Children KIDS GO FREE • Adults £4.70 • Concessions FREE Tea

Tel: 01202 881120 • www.honeybrook.org

Honeybrook is 2 miles north of Wimborne on the B3078 Cranborne Road

DAVE GRAY

Guitar Lessons



- ✓ *over 35 years international touring & recording.*
- ✓ *electric/acoustic guitar*
- ✓ *improvisation, lead, rhythm, recording techniques.*
- ✓ *blues, pop, rock, reggae, country etc.*
- ✓ *half price taster lesson/home visits.*
- ✓ *01725-552503 or 07751-566342*



News and Information

NATIONAL
FEDERATION
OF WOMEN'S
INSTITUTES

At our Annual Meeting in April the committee were re-elected and Sheila Bradley joins them. Mrs Jan Gibb continues as President.

Formal business was followed by a very helpful talk on the do's and don'ts of showing given by Mrs Bobbie Carter. She has been a show judge for over 30 years and amused us with stories of her experiences when dealing not only with the items to be judged but also with their fanatical, intimidating 'makers'.

Annual cups were presented to:

| | |
|-----------------|---------------------|
| Doreen Leverton | Flower of the Month |
| Win Judd | Competitions |
| Chris Napier | Cookery |

April Flower of the month winner – Jean Maidment – a yellow freesia.

On April 19th 10 members made the trip to Weymouth for the Spring Council Meeting. The afternoon speaker was Kate Adie who told us a bit about herself and then concentrated on the unsung heroines of conflict – Women at War – the title of her new book.

The Institutes 83rd birthday was celebrated on April 27th at Rushmore Golf Club when 25 members sat down for a meal.

The weather was not at its best when our four lucky members joined others from our Group for the visit to Highgrove. However they enjoyed the garden after passing through very tight security at the gates.

In May we discussed the Resolutions which will be voted on at the National AGM in London.

- a) Care of the Environment/Recycling
- b) Milk prices paid to Dairy farmers.

This was followed by a fun quiz.

Flower of the Month – Stella Symes – pink/white azalea.

An outing to Hilliers Arboretum near Romsey with our link Institute, Lyndhurst in mid May was a very interesting and enjoyable in spite of rain for much of the day.

Some of you may have wondered why the bench by the Church Lych Gate disappeared for a while earlier in the year.

Explanation: This bench, which was presented to the village by the WI in 1937, had become unsafe due to age and some rough treatment of late. Running repairs were kindly carried out by the President's husband.

However, the bench needs to be replaced. The Parish Council has generously offered financial

assistance and we will be holding fund-raising events.

28th May - 9 am – 12 noon Wins Yard (Next to Post Office) – Cakes, Produce, Plants

3rd June -10.30 – 12.30. The Old Forge, Dean Lane. – Coffee morning, Bring and Buy, Raffle.

Other Dates:

13th June Garden Meeting

Mrs M Quinn’s, Woodyates

30th June Group Walk

Sturminster Newton

11th July Mrs S Critchley

Elephants in Nepal

25th July Dorset WI Show

British Legion Hall, Shaftesbury

Maggie Staplehurst



Registered Charity No
1102105



Supported by Dorset County Council Social Services Committee.
The CCF offer voluntary support to those who need it,
within the Cranborne Chase villages.

In the form of :-

- Transport to the Surgery, Dentist, etc, with an appropriate contribution from the user of 45p per mile, to cover petrol costs.
- Collection of prescriptions - local shopping for the house bound.
- Dog walking.
- We hold regular Social Day Centres, at Sixpenny Handley Village Hall. "Have we missed you", or can you suggest anyone.

If you would like to attend the Monthly Day Centre please contact us.

And weekly Coffee Mornings at the back bar of the

Roebuck Inn, Sixpenny Handley.

Thursday mornings 10:15am -11:45am.

So come along and make new friends.

CCF interest groups include Book & Music Groups

For any information concerning Chase Community Friends,

Please contact CCF co-ordinator, on 01725 552097.

We are always looking for new volunteer drivers in all areas that the CCF covers - please phone to find out more.

Will people who want to use the volunteer car drivers please give as much notice as possible



Chalke Plumbing

Plumbing service for
Sixpenny Handley

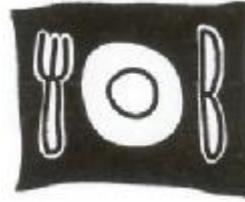
- * Bathroom suites
- * Kitchens
- * Hot Water Cylinders
- * Washing Machine Installation
- * Burst Pipes/Flooding
- * Energy Conservation Surveys
- * Showers
- * Outside Taps
- * Central heating plumbing
- * All work Guaranteed

Phone: 01722 780734

Mobile: 07732 460 258

E-mail: chalkeplumbing@competentcraft.co.uk

Food



by Karen Mallinson

puddings
dinner parties
all kinds of cakes
drinks parties
freezer cooking
or anything else you may need
no request too small
01725 516380

**WORKSHOP/STORAGE/
INDUSTRIAL UNIT
TO LET**

2100 sq ft

Separate office, storage and
workshop areas

Ample parking

Edge of Sixpenny Handley

Telephone 01725 552557

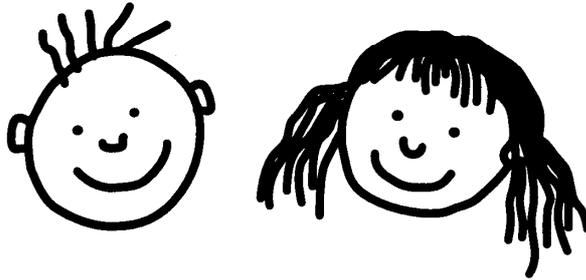
**ROOM REVIEW
INTERIOR DESIGN**

Susanne Harding
BA (Hons) Interior Design
MA Building Conservation

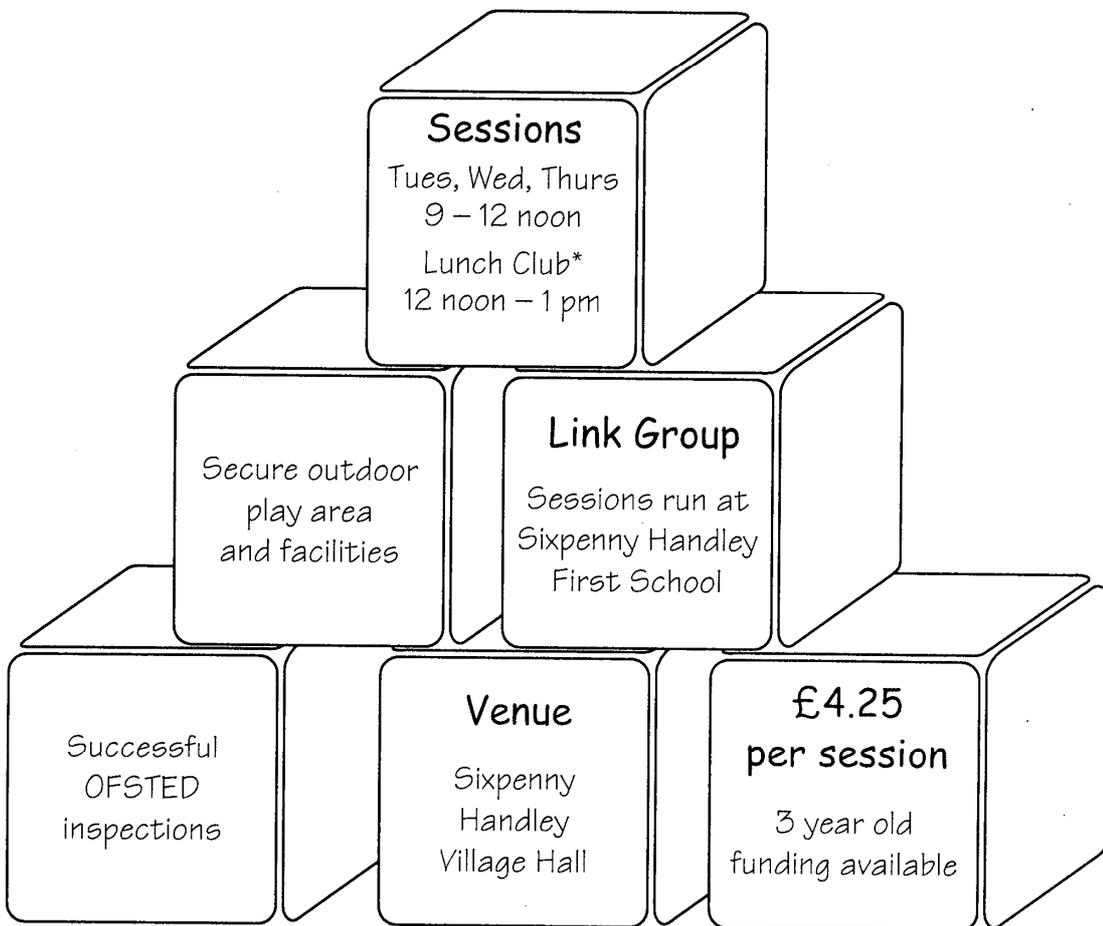
Working in all styles -
Modern and classic
Projects large or small
Private or commercial

01747 811364

The Chase Nursery



We aim to provide a safe happy caring environment where children of 3 - 5 years of age may flourish



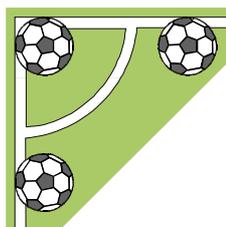
"A welcoming setting with cheerful, confident children all enjoying a good range of activities"

Early Years Advisory Teacher 28/1/2003

Pre-school Learning Alliance member 3780
Registered Charity no. 1033941

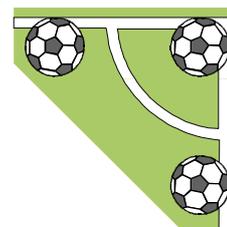
Nursery Leader: Mary Best01725 552390
Secretary: Jane Laing.....01725 553146

*Thursday Lunch Club finishes at 12:45 pm



Handley Sports Club

FOOTBALL



Dorset Mini - Soccer SEASON 2005 -2006

The Club has been asked to run some 'Mini~Soccer' in the coming season. This refers to a team of 7 young players - Aged under 9 as at 1st September 2005; Boys or Girls.

Matches to be played on Sunday afternoon (officially) but this can be flexible and some clubs play in the mornings. Matches to be played on a League basis - Home and Away. Pitches are smaller; so are the Balls and the Goals. This form of soccer is very popular over the County and is run by the Dorset County Football Association Ltd.

We require more players and although we have a person to lead this we require more help to run it and other back up as the players will have to travel to away matches.

We shall have to raise some funds to run it over the season although we have the possibility of some sponsorship being offered.

Is there anyone out there willing to help us? Please contact in the first instance the Club Secretary- Brian Hansford -Telephone 01725 - 552468

The Men's team playing Saturdays will be playing in Division Three again this coming season having managed to stave off relegation last season.

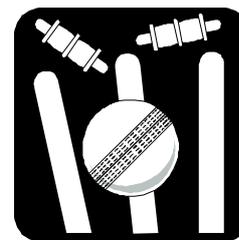
Players of a good standard for this team are required. If you are interested then please ring our Manager Mark Young on Telephone 01725 - 552741. Although the season has finished until September players are still training and do so at the moment on the Recreation Ground on Thursday evenings at 7pm.

100 'Club' Draw No 10

| | | |
|-----|-----|--|
| £20 | 82 | Mr W.R. Chorley, Sycamore Close, Sixpenny Handley. |
| £10 | 192 | Jeremy Haskell, Dolphin Cottage, Peasemash, Shaftesbury |
| £10 | 27 | Tony Dale, Cobley Close, East Woodyates, Salisbury |
| £10 | 157 | A.M. Reed ,Pitfield House, Deanland. |
| £5 | 173 | Richard Middlebrook, Wheelwright's Close, Sixpenny Handley |



SIXPENNY HANDLEY CRICKET CLUB



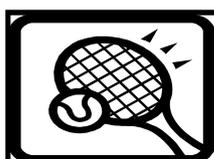
The Wednesday evening league is now underway and Handley are back in the Ranston League (2nd Division), which plays throughout North Dorset. Games are every Wednesday night starting at 6pm through until the middle of July, and the fixture list, shown below, can also be found on the website.

Normally, matches comprise of sixteen 8-ball overs, and so far we have won our opening two league games. Unfortunately, we lost our first (and only) cup game against Blandford, where we managed to snatch defeat from the jaws of victory!

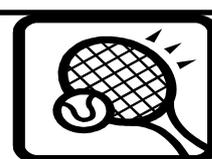
David Cross has taken over the captaincy with John Thorne helping as vice captain. We are trying to encourage support, especially at home games, and net practices are usually held on Tuesday night, when youngsters are welcome to try their batting prowess against the teams bowlers.

Do try and come up to the Sports ground on a Wednesday night, and of course anyone wanting to play can ring David Cross on 01725 552640.

| | | |
|---------|-----------------------|------|
| June 01 | Shillingstone | Home |
| June 08 | Clayesmore Roundheads | Home |
| June 15 | Shaftesbury St James | Away |
| June 22 | Clayesmore Gentlemen | Away |
| June 29 | Ashmore | Home |
| July 06 | Stour Provost | Away |



SIXPENNY HANDLEY TENNIS CLUB



During the long summer days of **June**, two events will be promoted, the first taking place on **Sunday the 5th** and the second on **Sunday the 26th**. That for the 5th will take the form of a *Tennis Marathon* with members being 'encouraged' to be on court as early as possible and for the very early arrivals breakfast is promised (croissants and orange juice). Later, probably at around noon, a barbecue will be set up and it is hoped that tennis will continue until late in the evening. Slots (£10 per slot) for the *Marathon* should be booked in advance, contact details, etc, will be advised either through the medium of the Club's newsletter, or posted on the notice board in the pavilion. The event scheduled for the 26th will follow much the same pattern as our event on the 24th April, but members intending to make it a day out should provide their own refreshments. Titled *New Members Day*, this will be the ideal opportunity for new comers to the Club to get to know each other as well as meet with those who have supported the Club over the past decade.

Bill Chorley



HAPPY NAPPY

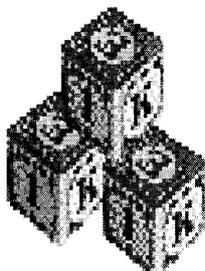


Happy Nappy meets every Monday at
Sixpenny Handley Village Hall at
10am.

New Born Babies to School Age Children are welcome

Come and join our very friendly group,
loads of
toys and fun!

- ❖ Children make new friends.
- ❖ Adults can meet for a chat.
- ❖ Tea and coffee available.
- ❖ Children £0.50p Adults £1.00.



For more information phone
Alison 01258 830143 Tracey 01725 516212
or Christina 01725 552240

David Adams

- Kitchen & Bathroom Installations
- Ensuites & Utility rooms
- Design service
- Tiling
- Flooring
- Electrics
- Plumbing & Heating Services
- Heating installations
- Boiler changes and servicing
- Oil tanks changed
- Stanley & Sandeford installation & servicing
- Power flushing of heating systems

Free Estimates and All Work Guaranteed



Telephone: 01725 552284
Mobile: 07866 277944



Dorset Adult Education Service

YOGA

All Abilities

Sixpenny Handley
Village Hall

Thursdays

1.15 – 2.45pm

Starting Thursday 22
September

For further information contact
Blandford Adult Education
The Tabernacle
Blandford
DT11 7DW

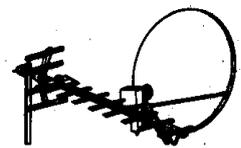
01258 455557

AIRWAVES

IAN NEWMAN

OVER 30 YRS EXPERIENCE

- TV & Radio Aerials
- Extra Points/Repairs
- Satellite Dishes
- Digital



Telephone

01722 322862

01725 552516

Mobile 07831 403644

21 Dean Lane, Sixpenny Handley

News from Sixpenny Handley First School

For the children of Sixpenny Handley First School this term's project is Living Things. All children have been busy planting various seeds and are excitedly awaiting signs of growth.

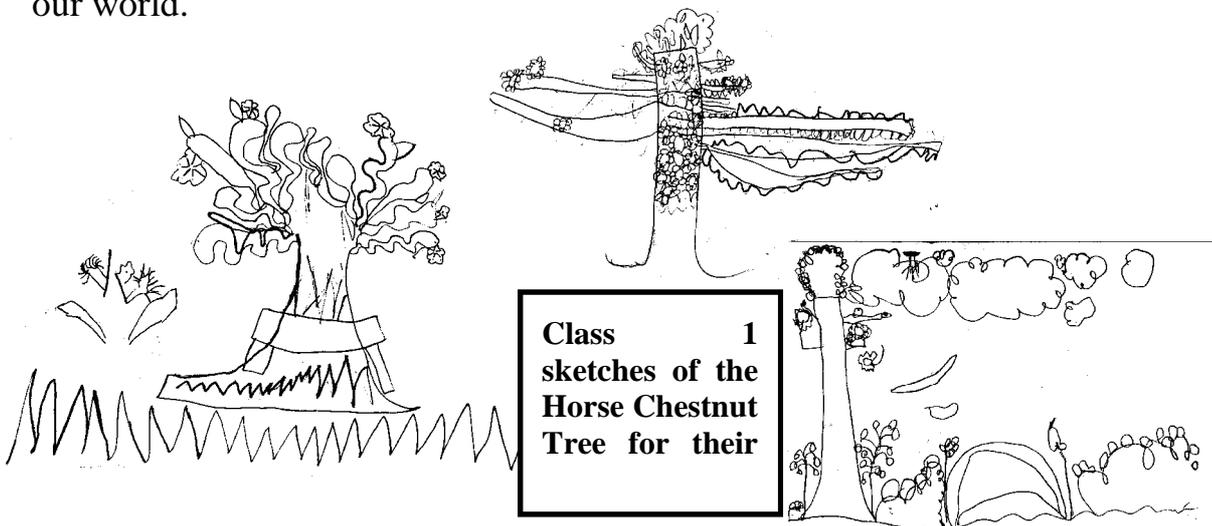


Reception children have hands on experience of



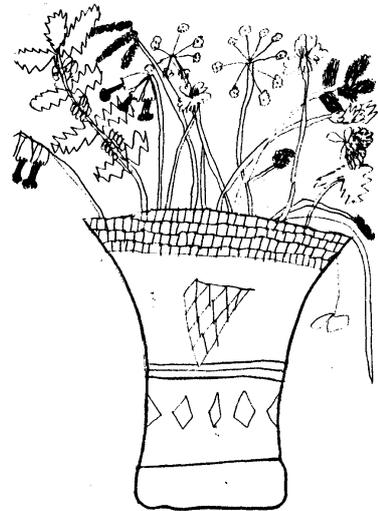
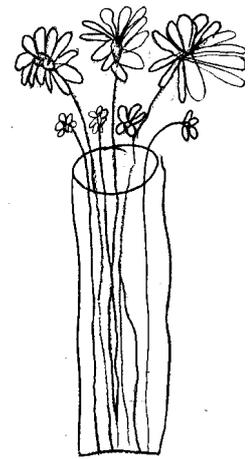
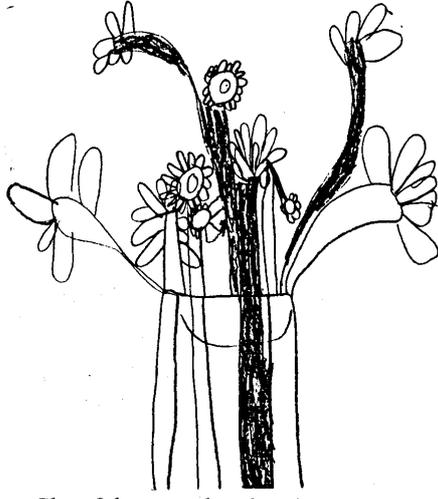
They will observe the changes throughout the term as they care for the plants in the school garden.

Unusual visitors called into school this week in the form of newly born and hatching pheasant chicks. The children observed chicks pecking their way out of their shell homes to emerge into our world.



The school grounds are also springing into life with newly planted trees shooting forth young leaves and the large established Horse Chestnut tree looking particularly beautiful with an abundance of fresh leaves and flowers.

Class 2 have explored various sketching techniques to produce these observational drawings of wild flowers.



Class 3 have investigated Fungi. Using clay and acrylic paint they have created these delightful examples following their research in the school library.

RICHARD T. ADLEM

FUNERAL DIRECTOR

MONUMENTAL MASON

PARK COTTAGE, SIXPENNY HANDLEY, SALISBURY

Telephone ONLY on. 01725 552496

A SMALL PRIVATE FAMILY PRACTICE

No connection with Richard T. Adlem operating from 01725 552309
or I. N. Newman Ltd

Sixpenny Handley Post Office & Stores

Car Tax Renewals
Pre-Order Foreign Currency & Travellers Cheques
On Demand Travel Insurance
Bill Payments
Electric Key Charging
On-Line Personal Banking without charges for most Major Banks
Payment by Debit Card for most Transactions
Cash Withdrawal by Debit Card

Tel: 01725 552241
Fresh Fruit & Vegetables Daily
Bread & Cakes from Local Bakery
Groceries – Whole Foods
Frozen Foods
Selection of Cards
Seasonal Plants
Bird Nuts & Seed
Flower Arranging for Special

Advertisers – Please Note

Regretfully for the first time in three years, we are obliged to increase our advertising rates. The rate for a **full page** moves to **£16** and **half page** to **£10**. The cost of a **quarter page** advert **remains** at the low rate of **£5**. Our book 6 and pay for only 5 insertions offer continues with the annual rates (6 issues) being **£80**, **£50** and **£25** respectively.

The magazine still offers excellent value in reaching your local customers – we currently deliver **The Downsman** to approximately 680 households within the parish.

**T.V. - VIDEO
Hi-Fi Repairs**

30 years
experience

IAN HARRIS MIPRE

Tel: **01747 870822**

Mobile: **07850 530782**

I'm happy to advise on your old TV/Video/Hi-fi or assist with setting up new electronic equipment. I can advise on purchasing or provide quotes for insurance companies. Call me, your local expert.

**Annual Parish Meeting
June 8th
27th Annual Flower Show**

Thank You

Alex Hunt and family would like to thank the Rev Wendy Griffith, Patrick Chick, Richard Adlem and all who helped for their kindness and care in carrying out June's funeral.

Also for all those friends and neighbours who attended the funeral and sent messages of sympathy and love.

May she rest in peace and God bless her and all of you.

We have raised over £600 for the Marie Curie Cancer Care, Thank You.

Alex,

SCHOOL REUNION

July 23rd

**Village Hall
Open to All**

School will be open between 2 pm and 4 pm.
Village Hall open from 2 pm.

On show will be photographs of the village, school days, village events, etc.
Cream teas and refreshments available.

7.30pm BBQ
Raffle, Music

Tickets available £1.50 in advance or £2.00 on the day.

We still urgently require any photographs, video, cine films of the school or village events.

Please contact Josie on 01725 552622



Sixpenny Handley Bowls Club

Not a lot of News from the Bowling Club this month. We have started our league programmes and the Men's Dorset League side have had a reasonable start and after three matches have accumulated 16 points

Dorset Men's League Current League Table

Division Three

| | | P | W | D | L | F | A | (+/-) | pts |
|---|------------------|---|---|---|---|-----|-----|-------|-----|
| 1 | Verwood A | 3 | 3 | | | 215 | 142 | 73 | 26 |
| 2 | Sixpenny Handley | 3 | 2 | | 1 | 180 | 174 | 6 | 16 |
| 3 | Wessex B | 2 | 1 | | 1 | 115 | 93 | 22 | 12 |
| 4 | West Moors B | 2 | 1 | | 1 | 118 | 114 | 4 | 12 |
| 5 | Wimborne B | 3 | 1 | | 2 | 156 | 174 | -18 | 12 |
| 6 | Gillingham A | 2 | 1 | | 1 | 101 | 139 | -38 | 10 |
| 7 | Swanage A | 3 | | | 3 | 147 | 196 | -49 | 2 |

The Westbrook Mixed Triples League team have only played two matches and have picked up points from both of them. One of these matches was away at Tisbury- it is not often we get much joy on the Tisbury Green. We have played two friendlies against Verwood and Lyndhurst which ended in very good results for us.

We are currently involved in trying to obtain more members and we had an open day on the 22nd May. Unfortunately the weather was not very warm and inclined to be showery and this could have accounted for the very poor response.

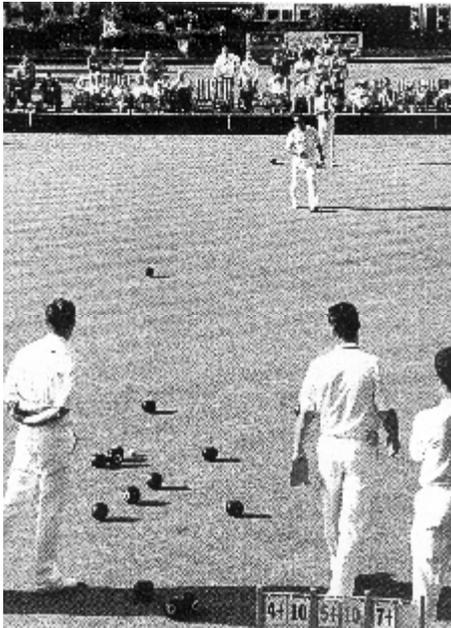
We are however running a further membership campaign in conjunction with the English Bowling Association's Recruitment Drive which runs from the 4th to the 11th June and we putting up posters and sending around other advertising matter in order to publicise this special week.

We are inviting persons interested to join us on the green on **SUNDAY June 5th at 2.30pm; WEDNESDAY June 8th at 6pm; SUNDAY June 12th at 2.30pm.** You only need to wear a pair of flat shoes. We will find the rest i.e. Bowls. We will give you a Cup(s) of Tea and Biscuits.

If you would like to have a go at any other time please feel free to contact any Bowls Club Member. Bowls is not a game only for 'oldies' as some people think but for any age group. A lot of people think it's easy- it does use a lot of energy. Players can be on the green for up to two hours when you can forget all your other problems and concentrate entirely on the game in which you are involved - Bowls is like that. You do not get booked or sent off by a referee like you can in the beautiful game of football. Bowlers are usually very flexible. Bowls is a game to be enjoyed and it does not cost a lot of money to get involved.

National Bowls Recruitment

This year nationwide, there will be a special week where you will have the chance to become better acquainted with Bowls, although your local club may organise events during the season.



On these days your club may be holding various activities from social events through to open bowls sessions.

Alternatively, you could come along and enjoy our facilities and meet new people from a variety of backgrounds.

In association with



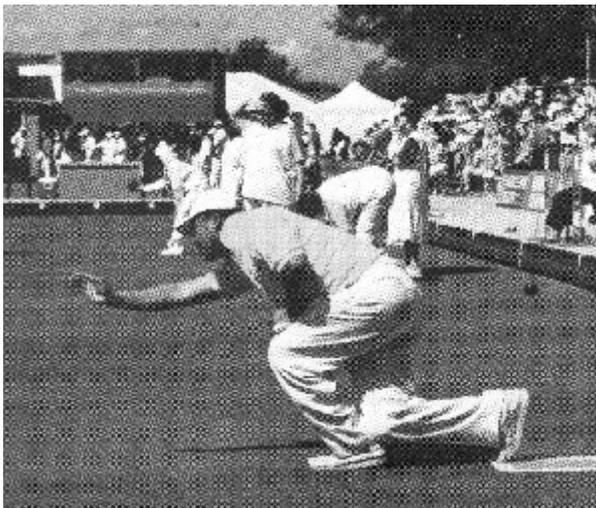
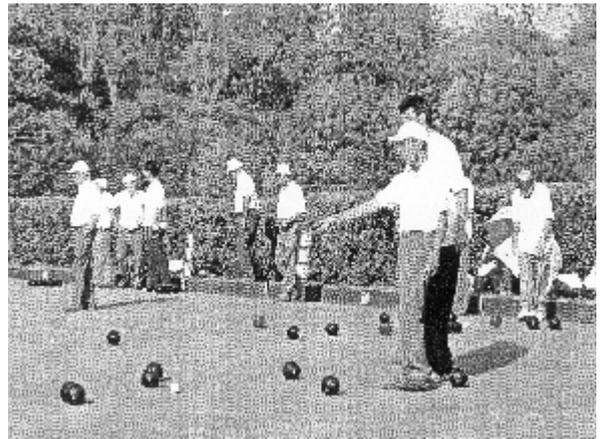
www.bowlsengland.com

Change your view of Bowls!

Bowls can be played by anyone and by all ages. Bowls is also a truly family sport.

Like many games, the object of bowls is essentially simple, but

to be able to play consistently well demands determination, concentration and practice.



Bowls is more than you think
Bowls is a sport for life, just try it!

It has been medically proven that Bowls improves your general health and helps to strengthen your immune system.

Bowls is not only a sport, you can also have a varied and very active social life.

Bowls is the ideal sport for meeting new people, socialising and meeting new challenges head-on.

A groundbreaking new website is receiving more than 3 million page views a month.

Several Dorset councils are working together to provide more joined-up information and services for local people on dorsetforyou.com

Dorset County Council, East and West Dorset district councils and Christchurch Borough Council switched off their individual websites last month, becoming the first partnership in the country to provide truly joined up services for citizens through a single online portal.

In the following month an average of 75,000 people a day visited the site, viewing over 3 million pages - 107,500 a day.

Around 300 online job applications were made via the site, which lists vacancies at participating Dorset councils.

Dorsetforyou provides information on everything to do with Dorset in one website, from enjoying the beautiful coast and countryside, to everyday services such as waste and recycling, libraries and transport.

You can find out what's happening in Dorset with the news pages and comprehensive events database, or use online forms to report a problem or contact your council.

Previously, citizens may have had to visit several websites to get the information or service they were after.

Alan Breakwell, Chairman of the Dorset For You Partnership and Chief Executive of East Dorset District Council said: "Thank you to everyone who has used dorsetforyou.com and especially those who have taken the time to give us feedback.

"We have listened and will be making some changes in the next few weeks to ensure that users can get to the information they need even more quickly and easily."

The partnership plans to bring other public service authorities and community organisations on board, as well as introduce comprehensive online payments and personalised access.

dorsetforyou.com was made possible by a Local Government Online grant of nearly £1million from the Office of the Deputy Prime Minister. (24/05/05)

Reproduced from www.dorsetforyou.com



All aspects of metalwork
from handmade lanterns
to Estate fencing

Also Repair, Restoration
Welding & Gas cutting

-BLACKSMITHING **TEL: 01725553195**

-ENGINEERING **07766203817**

-SHOTBLASTING

**-WORK WITH FERROUS
& NON FERROUS METALS**

TWENTY SEVENTH ANNUAL TRADITIONAL

FLOWER SHOW

Saturday August 20th

SHOW OPENS AT 2 .30p.m

**Sixpenny Handley Village Hall
& Recreation Ground**

FRUIT ,VEGETABLE & COOKERY

COMPETITIONS IN MARQUEE

PHOTOGRAPHY & HANDICRAFTS

FLORAL ART

Entries Close 7.30p.m Wed. Aug.17th

STALLS : GAMES: RAFFLES

CRAFTS : CONCORDIA BRASS

BAND

FUN DOG SHOW at 3 p.m.

REFRESHMENTS : ADMISSION £1.(Children Free)

For more information contact :

Carole Wyatt(Secretary) -Tel 01725 -552572 or Brian Hansford on 01725-552468

Schedules available from The Post Office Shop & Parish Website

Profits from this event will be donated to Macmillan Cancer Care

The Downsman

DON'T FORGET WHATS ON!!!

| DATE | FUNCTION | PAGE | DATE | FUNCTION | PAGE |
|--------|-------------------------|------|--------------------------------------|------------------------------|------|
| Jun-01 | Cricket Club Home Match | 37 | Jun-29 | Cricket Club Home Match | 37 |
| | | | Jun-30 | Chase Garden Club | 20 |
| | | | Jun-30 | Chase Community Friends | 33 |
| | | | Jul-01 | School Summer Fair | 05 |
| Jun-02 | Chase Community Friends | 33 | Jul-03 | Cricket Club Home Match | 37 |
| | | | Jul-07 | Chase Community Friends | 33 |
| | | | Jul-08 | Cricket Club Home Match | 37 |
| | | | Jul-11 | W I Meeting | 33 |
| Jun-03 | W I Coffee Morning | 33 | Jul-13 | Jools Holland at Larmer Tree | 18 |
| | | | Jul-14 | Chase Community Friends | 33 |
| | | | Jul-15 | Jools Holland at Larmer Tree | 18 |
| | | | Jul-16 | Police Support Unit | 03 |
| Jun-05 | Tennis Club Marathon | 37 | Jul-20 Downsman Copy Deadline | 03 | |
| | | | Jul-21 | Chase Community Friends | 33 |
| | | | Jul-23 | School Reunion | 43 |
| | | | Jul-25 | W I Dorset Show | 33 |
| Jun-05 | Cricket Club Home Match | 37 | Jul-28 | Chase Garden Club | 20 |
| | | | Jul-28 | Chase Community Friends | 33 |
| | | | Jul-30 | Farnham Festival of Flowers | 21 |
| | | | Jul-31 | Farnham Festival of Flowers | 21 |
| Jun-05 | Bowls Club Open Day | 44 | Jul-31 | Cricket Club Home Match | 37 |